



# Attention Deficit Disorder Questionnaire

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Instructions: Please rate yourself (or the person you are evaluating) on each of the symptoms listed below using the following scale. If possible, also have someone else rate you (such as a spouse, significant other, or parent). This is done to obtain a more complete picture of the situation.

If someone other than the patient is completing this form, please indicate your name and relationship to the patient:

\_\_\_\_\_

**na** Not Applicable    **0** Never    **1** Rarely    **2** Occasionally    **3** Frequently    **4** Very Frequently

- na 0 1 2 3 4    1. is easily distracted
- na 0 1 2 3 4    2. has difficulty sustaining attention span for most tasks in play, school, or work
- na 0 1 2 3 4    3. has trouble listening when others are talking
- na 0 1 2 3 4    4. has difficulty following through (procrastination) on tasks or instructions
- na 0 1 2 3 4    5. has difficulty keeping an organized area (room, desk, book bag, filing cabinet, locker, etc.)
- na 0 1 2 3 4    6. has trouble with time, for example, is frequently late or hurried, tasks take longer than expected, projects or homework are "last-minute" or turned in late
- na 0 1 2 3 4    7. has a tendency to lose things
- na 0 1 2 3 4    8. makes careless mistakes, poor attention to detail
- na 0 1 2 3 4    9. is forgetful
- na 0 1 2 3 4    10. daydreams excessively
- na 0 1 2 3 4    11. complains of being bored
- na 0 1 2 3 4    12. appears apathetic or unmotivated
- na 0 1 2 3 4    13. is tired, sluggish, or slow-moving
- na 0 1 2 3 4    14. is spacey or seems preoccupied
- na 0 1 2 3 4    15. is restless or hyperactive
- na 0 1 2 3 4    16. has trouble sitting still
- na 0 1 2 3 4    17. is fidgety, in constant motion (hands, feet, body)
- na 0 1 2 3 4    18. is noisy, has a hard time being quiet 19- acts as if "driven by a motor"
- na 0 1 2 3 4    19. talks excessively
- na 0 1 2 3 4    20. is impulsive (doesn't think through comments or actions before they are said or done)
- na 0 1 2 3 4    21. has difficulty waiting his or her turn
- na 0 1 2 3 4    22. interrupts or intrudes on others (e.g., butts into conversations or games)
- na 0 1 2 3 4    23. worries excessively or senselessly
- na 0 1 2 3 4    24. is super organized
- na 0 1 2 3 4    25. is oppositional, argumentative
- na 0 1 2 3 4    26. has a strong tendency to get locked into negative thoughts; has the same thought over and over
- na 0 1 2 3 4    27. has a tendency toward compulsive behavior
- na 0 1 2 3 4    28. has an intense dislike of change
- na 0 1 2 3 4    29. has a tendency to hold grudges
- na 0 1 2 3 4    30. has trouble shifting attention from subject to subject
- na 0 1 2 3 4    31. has difficulties seeing options in situations
- na 0 1 2 3 4    32. has a tendency to hold on to own opinion and not listen to others



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- na 0 1 2 3 4 33. has a tendency to get locked into a course of action, whether or not it is good for the person
- na 0 1 2 3 4 34. needs to have things done a certain way or becomes very upset
- na 0 1 2 3 4 35. others complain that he or she worries too much
- na 0 1 2 3 4 36. has periods of quick temper or rages with little provocation
- na 0 1 2 3 4 37. misinterprets comments as negative when they are not
- na 0 1 2 3 4 38. irritability tends to build, then explodes, then recedes; is often tired after a rage
- na 0 1 2 3 4 39. has periods of spaciness or confusion
- na 0 1 2 3 4 40. has periods of panic and/or fear for no specific reason
- na 0 1 2 3 4 41. perceives visual changes, such as seeing shadows or objects changing shape
- na 0 1 2 3 4 42. has frequent periods of deja vu (feelings of being somewhere before, even though he or she has never been there)
- na 0 1 2 3 4 43. is sensitive or mildly paranoid
- na 0 1 2 3 4 44. has headaches or abdominal pain of uncertain origin
- na 0 1 2 3 4 45. has a history of a head injury or a family history of violence or explosiveness
- na 0 1 2 3 4 46. has dark thoughts, may involve suicidal or homicidal thoughts
- na 0 1 2 3 4 47. has periods of forgetfulness or memory problems
- na 0 1 2 3 4 48. has a short fuse or periods of extreme irritability
- na 0 1 2 3 4 49. is moody
- na 0 1 2 3 4 50. is negative
- na 0 1 2 3 4 51. has low energy
- na 0 1 2 3 4 52. is frequently irritable
- na 0 1 2 3 4 53. has a tendency to be socially isolated
- na 0 1 2 3 4 54. has frequent feelings of hopelessness, helplessness, or excessive guilt
- na 0 1 2 3 4 55. has lowered interest in things that are usually considered fun
- na 0 1 2 3 4 56. undergoes sleep changes (too much or too little)
- na 0 1 2 3 4 57. has chronic low self-esteem
- na 0 1 2 3 4 58. is angry or aggressive
- na 0 1 2 3 4 59. is sensitive to noise, light, clothes or touch
- na 0 1 2 3 4 60. undergoes frequent or cyclic mood changes (highs and lows)
- na 0 1 2 3 4 61. is inflexible, rigid in thinking
- na 0 1 2 3 4 62. demands to have his or her way, even when told no multiple times
- na 0 1 2 3 4 63. has periods of mean, nasty, or insensitive behavior
- na 0 1 2 3 4 64. has periods of increased talkativeness
- na 0 1 2 3 4 65. has periods of increased impulsivity
- na 0 1 2 3 4 66. displays unpredictable behavior
- na 0 1 2 3 4 67. way of thinking is grandiose or "larger than life"
- na 0 1 2 3 4 68. talks fast
- na 0 1 2 3 4 69. feels that thoughts go fast
- na 0 1 2 3 4 70. appears anxious or fearful